

# About Whatcom Sailing / High School Sailing

- Whatcom Sailing (non-profit 501c3) manages the high school sailing team, but works closely with BYC, CBC, and the school district.
- We are one team: All schools practice together and sometimes race together.
- We are a sports team just like any team. We are NOT a club.
- We plan and organize the events, unlike the summer youth circuit.



### Coaches

• Scott Wilson 360-303-1759 — whatcomsailing@gmail.com

• Cooper Snell 360-815-9941

Anna Morrow 360-391-8681

• EMAIL FOR ALL COACHES: coaches@whatcomsailing.com



### Email Communication / REMIND

- Please read and respond
- Website <u>www.whatcomsailing.com</u>
- We use Remind for quick text communication. To sign up send a text message:
- TO: 81010
- Message: @sailboats



### Expectations

- See Code of Conduct
- Attend all practices and regattas
- Do everything together as a team, travel, lodging, etc.
- Stay healthy!



# Practice Expectations

- Attendance required
- Be on time
- Give 24- hour notice to me, captain, and carpool if you will miss.



### School Requirements

- A student must be in school the entire day in order to participate in a practice or activity/athletic/extra-curricular activity that day. The only regular exceptions to this requirement are funerals, pre-planned medical/legal appointments, or school sponsored events.
- Pass Classes!
  - Confirm you are cleared in final forms before every practice
  - You must get anything corrected before practice



# Regatta Expectations

- Be responsible
- Come prepared

- Help load boats, equipment!
- Help UNLOAD boats, equipment!





## Expectations - FAQ

- Can I miss practice to race lasers, scows, etchells, phrf?
- Can I miss a regatta to do some other sailing event?
- Can I be on the soccer team also?



# Expectations - Fundraising

Auction Help – May 11th



### Expectations - Parents

- Read forms and make sure everyone understands expectations.
- Help with chaperoning and driving to regattas.
- Help host regattas.
- Send student prepared with gear, money, food, etc.
- Schedule dentist and doctor appointments not during practice
- Maintenance Volunteers
- Fundraising Volunteers



# Required Gear

- Wet Suit 2 or 3 mm, farmer john style ok
- Life Jacket
- Whistle loud one!
- Workout gear, including running shoes.
- Appropriate Gear No jeans, sandals, cotton sweatshirts, etc.

Purchase gear at Kite Paddle Surf or West Coast Sailing and get at 15% discount.

At West Coast Sailing Use Code: **ISSA** 

At Kite Paddle Surf just tell them you are on the high school team.



#### **Practices**

- Regular Practice:
  - All schools- Tuesday / Thursday 3:45 to 6:30
- First Practice Feb 27
- Last Practice May 16
- Changing Zuanich
- Chalk talks & Debriefs



### Swim Test

- Date TBD
- At Arne Hanna.
- Bring suit & towel.
- Requirements Swim 50 yards and tread water for 5 minutes.



### Regattas

- Schedule online
- Regatta venues / dates change, please be adaptable.
- <a href="https://www.whatcomsailing.com/schedule">https://www.whatcomsailing.com/schedule</a>



### Registration

- ☐ Code of Conduct
- □ Consent Waiver
- ☐ Medical Form
- ☐ Team Fees \$350 / season + Pinnie Fee
- ☐ School Athletic Registration
- Physical
- ☐ Confirm clearance with AD
- ■Swim Test
- □ Join Remind
- ☐ Fill out Regatta Signup

SCHOOL REGISTRATION

MISC WHATCOM SAILING REQUIREMENTS

WHATCOM SAILING ONLINE REGISTRATION

